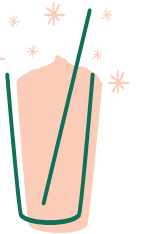


Smoothies A-M

May 2025



Açaí Super-Antioxidant



	S	M	L
Açaí Concentrate	3	4	5
Soymilk	6	7	9
Multivitamins	1	1	1
Raspberry Sherbet	1	1	1
IQF Strawberries	2	2	2
IQF Blueberries	1	1	1
Ice	1	1	2
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Aloha Pineapple



	S	M	L
Pineapple Juice	8	10	14
Greek Yogurt	1	1	1
Pineapple Sherbet	2	2	2
IQF Strawberries	2	2	2
IQF Bananas	1	1	1
Ice	1	1	1
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Apple 'N Greens



	S	M	L
Apple-Strawberry Juice Blend	10	13	17
IQF Kale	3	3	4
IQF Peaches	1	1	1
IQF Bananas	1	1	1
IQF Mangos	1	1	1
Blend On (Blendtec)	4	4	4
Blend On (Vitamix)	2	2	2

Blueberry Strawberry Blast-off



	10oz
Mixed Berry Juice Blend	6
IQF Blueberries	2
IQF Strawberries	1
IQF Bananas	1
Blend On (Blendtec)	1
Blend On (Vitamix)	3

Buzzin' Mocha Moo'd



	S	M	L
2% Milk	4	5	6
Moo'd Powder**	2	2	3
Folgers Coffee Powder (Ginger Puree Scoop)	2	2	3
Frozen Yogurt	4	4	4
Ice	2	2	3
Blend On (Blendtec)	1	1	1
Blend On (Vitamix)	3	3	3

Caribbean Passion



	S	M	L
Passion-Mango Juice Blend	9	11	14
Orange Sherbet	2	2	2
IQF Strawberries	2	2	2
IQF Peaches	1	1	1
Ice	1	1	1
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Coffee Dream Machine



	S	M	L
2% Milk	4	6	7
Agave Drizzle	1x	1.5x	2x
Folgers Coffee Powder (Ginger Puree Scoop)	2	2	3
Frozen Yogurt	4	4	4
Ice	2	2	3
Blend On (Blendtec)	1	1	1
Blend On (Vitamix)	3	3	3

Electric Berry Lemonade



	S	M	L
Lemonade	6	9	10
Mixed Berry Juice Blend	2	3	4
Blue Spirulina	1	2	2
Frozen Yogurt	1	1	1
Raspberry Sherbet	1	1	1
IQF Strawberries	2	2	2
IQF Peaches	1	1	1
Ice	1	1	1
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Fruity Rocks



	S	M	L
Soymilk	6	8	12
Pineapple Sherbet	1	1	1
Orange Sherbet	1	1	1
Lime Sherbet	1	1	1
Raspberry Sherbet	1	1	1
IQF Strawberries	2	2	2
Ice	1	1	1
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Greens 'N Ginger



	S	M	L
Lemonade	10	12	16
Ginger Puree (scoop)	2	3	4
IQF Kale	2	2	3
IQF Mangos	1	1	1
IQF Peaches	2	2	2
Ice	1	1	1
Blend On (Blendtec)	4	4	4
Blend On (Vitamix)	2	2	2

Mango-A-Go-Go



	S	M	L
Passion-Mango Juice Blend	9	11	15
Pineapple Sherbet	2	2	2
IQF Mangos	3	3	3
Ice	1	1	1
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Mega Mango



	S	M	L
Orange Juice	4	6	8
Pineapple Juice	4	6	6
IQF Mangos	3	3	3
IQF Strawberries	2	2	2
Ice	1	1	1
Blend On (Blendtec)	1	2	4
Blend On (Vitamix)	3	1	2

Place LTO sticker here

Place LTO sticker here



Contains No Allergens



Contains Dairy Allergen



Contains Dairy + Soy Allergen



Contains Nut Allergen/Any Other Allergen or Allergen Combo



Dairy Free

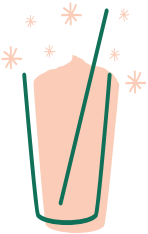


Kids

** Use dedicated Soy Protein Scoop

Smoothies O-R

May 2025



Orange Dream Machine



	S	M	L
Orange Juice	4	6	7
Soy milk	4	4	6
Orange Sherbet	3	3	3
Frozen Yogurt	2	2	2
Ice	1	1	1
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Orange-C Booster



	S	M	L
Orange Juice	8	10	14
Multivitamins	1	1	1
Orange Sherbet	2	2	2
IQF Peaches	2	2	2
IQF Bananas	1	1	1
Ice	1	1	1
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

PB + Banana Protein



	S	M	L
2% Milk	6	8	10
Peanut Butter	2	2	3
Protein - Choice	2	2	2
IQF Bananas	2	2	2
Honey Drizzle	1x	1.5x	2x
Ice	2	2	3
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	2	1

PB Chocolate Love



	S	M	L
2% Milk	8	10	12
Peanut Butter	1	2	3
Moo'd Powder**	2	3	3
IQF Bananas	3	3	3
Ice	2	3	3
Blend On (Blendtec)	1	2	4
Blend On (Vitamix)	3	1	2

Peach Perfection



	S	M	L
Peach Juice Blend	6	10	10
Apple-Strawberry Juice Blend	2	2	4
IQF Mangos	2	2	2
IQF Peaches	2	2	2
IQF Strawberries	1	1	1
Ice	1	1	1
Blend On (Blendtec)	1	2	4
Blend On (Vitamix)	3	1	2

Peanut Butter Moo'd



	S	M	L
2% Milk	2	4	4
Soy milk	4	4	6
Peanut Butter	1	2	3
Moo'd Powder**	1	2	2
Frozen Yogurt	4	4	4
IQF Bananas	1	1	1
Ice	1	1	2
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Peenya Kowlada



	S	M	L
Pineapple Juice	7	10	13
Coconut Flakes	1	1	2
Pineapple Sherbet	2	2	2
Frozen Yogurt	2	2	2
IQF Bananas	1	1	1
Ice	1	1	2
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Pink Star



	S	M	L
Lemonade	4	5	7
Soy milk	3	4	6
Frozen Yogurt	2	2	2
Raspberry Sherbet	2	2	2
IQF Strawberries	2	2	2
Ice	2	1	2
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Protein Berry Workout



	S	M	L
Soy milk	10	13	14
Protein - Choice *	1	1	1
IQF Strawberries	2	2	2
IQF Bananas	2	2	2
Ice	1	1	2
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Pumpkin Smash



	S	M	L
2% Milk	4	6	8
Frozen Yogurt	4	4	4
Pumpkin Spice Base	1	1	1
Ice	2	2	2
Blend On (Blendtec)	1	1	1
Blend On (Vitamix)	3	3	3

Razzmatazz



	S	M	L
Mixed Berry Juice Blend	8	10	14
Orange Sherbet	2	2	2
IQF Strawberries	2	2	2
IQF Bananas	1	1	1
Ice	1	1	1
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Red Gummi



	S	M	L
Soy milk	5	6	8
Mixed Berry Juice Blend	3	4	6
Orange Sherbet	1	1	1
Raspberry Sherbet	1	1	1
Pineapple Sherbet	1	1	1
Lime Sherbet	1	1	1
IQF Strawberries	1	1	1
Ice	2	2	2
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Place LTO sticker here

Place LTO sticker here

*Additional Whey allergen dependent on guest's choice of protein

** Use dedicated Soy Protein Scoop



Contains No Allergens



Contains Dairy Allergen



Contains Dairy + Soy Allergen



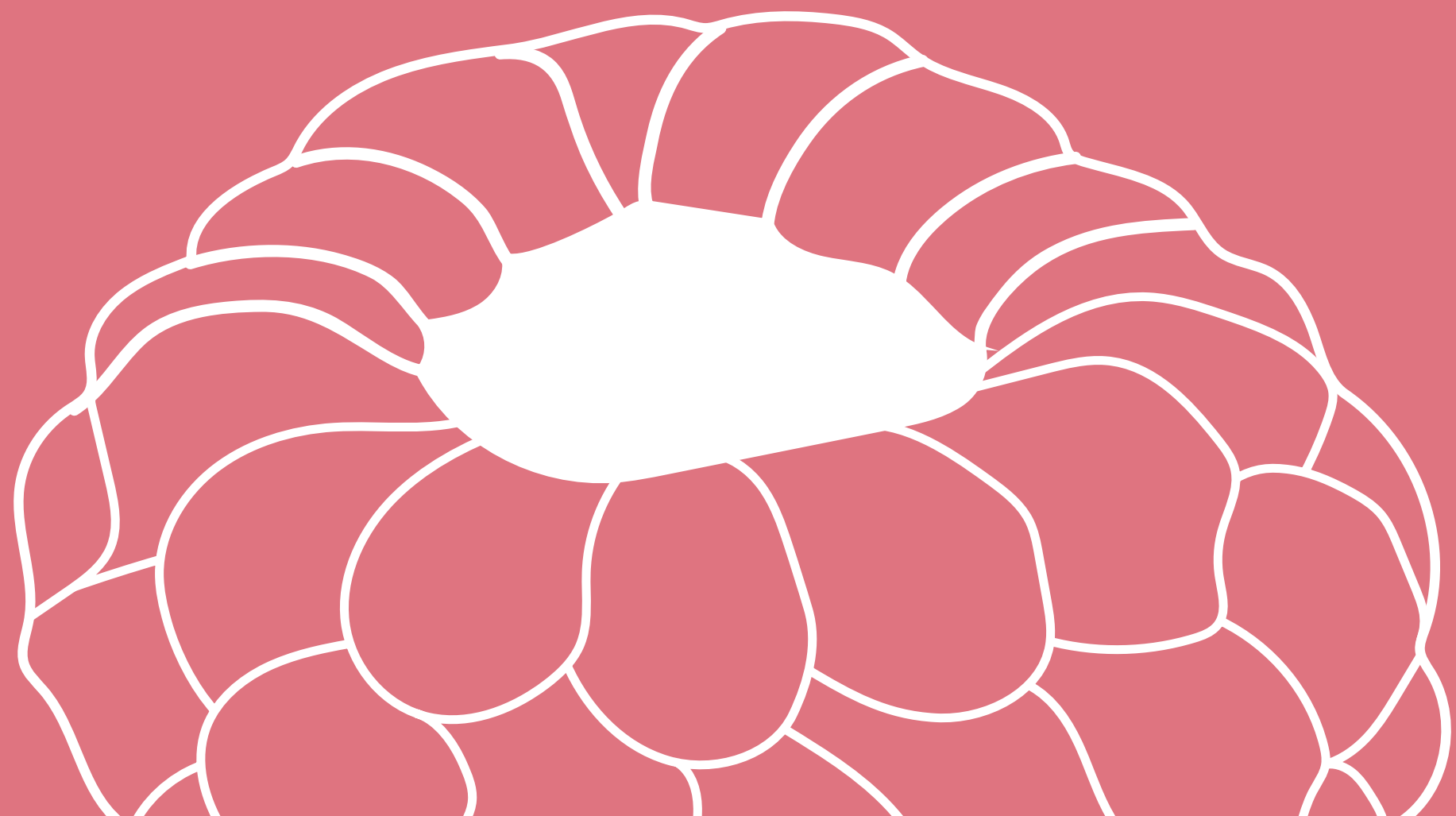
Contains Nut Allergen/Any Other Allergen or Allergen Combo



Dairy Free

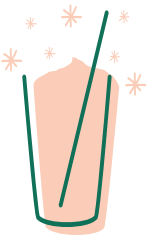


Kids



Smoothies S-W

May 2025



Smooth Talkin' Mango



	S	M	L
Oatmilk	8	12	14
IQF Mangos	4	4	4
IQF Pineapples	2	2	2
Agave Drizzle	.5x	.5x	.5x
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Sour Gummi



	S	M	L
Lemonade	7	8	12
Pineapple Sherbet	1	1	1
Lime Sherbet	1	1	1
Raspberry Sherbet	1	1	1
Orange Sherbet	1	1	1
IQF Blueberries	1	1	1
Ice	2	2	2
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Strawberries Gone Bananas



	10oz
Apple Strawberry Juice Blend	6
IQF Strawberries	3
IQF Bananas	1
Blend On (Blendtec)	1
Blend On (Vitamix)	3

Strawberries Wild



	S	M	L
Apple-Strawberry Juice Blend	8	10	14
Frozen Yogurt	2	2	2
IQF Strawberries	2	2	2
IQF Bananas	1	1	1
Ice	1	1	1
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Strawberry Surf Rider



	S	M	L
Lemonade	9	12	15
Lime Sherbet	2	2	2
IQF Strawberries	2	2	2
IQF Peaches	1	1	1
Ice	1	1	1
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Strawberry Whirl



	S	M	L
Apple-Strawberry Juice Blend	8	12	14
IQF Strawberries	3	3	3
IQF Bananas	2	2	2
Ice	1	1	1
Blend On (Blendtec)	1	2	4
Blend On (Vitamix)	3	1	2

Vanilla Blue Sky



	S	M	L
Almondmilk	5	6	7
Vanilla Coconutmilk	4	6	7
Blue Spirulina	1	2	2
IQF Pineapples	3	3	3
IQF Bananas	3	3	3
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Watermelon Breeze



LTO	S	M	L
Watermelon Juice Blend	9	12	14
Raspberry Sherbet	2	2	2
IQF Strawberries	2	2	2
IQF Pineapples	1	1	1
Ice	1	2	2
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

White Gummi



	S	M	L
Peach Juice Blend	5	6	8
Soy milk	2	2	4
Pineapple Sherbet	2	2	2
Lime Sherbet	1	1	1
Orange Sherbet	1	1	1
Raspberry Sherbet	1	1	1
IQF Mangos	1	1	1
Ice	1	2	2
Blend On (Blendtec)	1	2	3
Blend On (Vitamix)	3	1	2

Place LTO sticker here

Place LTO sticker here



Contains No Allergens



Contains Dairy Allergen



Contains Dairy + Soy Allergen



Contains Nut Allergen/Any Other Allergen or Allergen Combo



Dairy Free



Kids

